

Basic Competencies for Clinicians

- "Reference - Frank JR, Snell L, Sherbino J, editors. CanMEDS 2015 Physician Competency Framework. Ottawa: Royal College of Physicians and Surgeons of Canada; 2015."
- "Reference - American Psychological Association. (2015). Competencies for Psychology Practice in Primary Care. Retrieved from <http://www.apa.org/ed/resources/competencies-practice.pdf>. "
- Reference - Australian Psychological Society. (2007). Code of ethics. Melbourne, Vic: Author.

Within each competency, essential knowledge, skills, and attitudes.

Healthcare professional

1. Practise within their defined scope of practice and expertise
2. Perform a patient/client-centred clinical assessment and establish a management plan
3. Plan and perform procedures and therapies for the purpose of assessment and/or management
4. Establish plans for ongoing care and, when appropriate, timely consultation
5. Actively contribute, as an individual and as a member of a team providing care, to the continuous improvement of healthcare quality and patient safety

Communication

1. Establish professional therapeutic relationships with patients/clients and their families
2. Elicit and synthesise accurate and relevant information, incorporating the perspectives of patients/clients and their families
3. Share health care information and plans with patients/clients and their families
4. Engage patients/clients and their families in developing plans that reflect the patient/client's health care needs and goals
5. Document and share written and electronic information about the medical encounter to optimise clinical decision-making, patient/client safety, confidentiality, and privacy

Collaboration/Interprofessional relationships

1. Work effectively with colleagues in the health care professions
2. Work with clinicians and other colleagues in the health care professions to promote understanding, manage differences, and resolve conflicts
3. Hand over the care of a patient/client to another health care professional to facilitate continuity of safe patient/client care

Leadership

1. Contribute to the improvement of health care delivery in teams, organisations, and systems
2. Engage in the stewardship of health care resources
3. Demonstrate leadership in professional practice
4. Manage career planning, finances, and health human resources in a practice

Mental health advocate

1. Respond to an individual patient/client's health needs by advocating with the patient/client within and beyond the clinical environment
2. Respond to the needs of the communities or populations they serve by advocating with them for system-level change in a socially accountable manner

Scholar/Science/Education/Supervision

1. Engage in the continuous enhancement of their professional activities through ongoing learning
2. Integrate best available evidence into practice

Professionalism

1. Demonstrate a commitment to patients/clients by applying best practices and adhering to high ethical standards
2. Demonstrate a commitment to society by recognizing and responding to societal expectations in health care
3. Demonstrate a commitment to the profession by adhering to standards and participating in clinician-led regulation
4. Demonstrate a commitment to clinician health and well-being to foster optimal patient/client care